

# OUTLINE FOR PERMACULTURE DESIGN CERTIFICATE COURSE

## Wayne Weiseman: The Permaculture Project

In order to learn the intricacies of the local terrain and the origins of technology, for homesteading purposes and a general understanding of the immediate environment, it is important to become familiar with the spatial and temporal dimensions of the lay of the land. Folk and life ways, settlement configurations, geology, plants, animals and weather patterns will give us the ability to hone in our observation and develop creative hand and eye coordination. The ancients were highly skilled at reading the landscape and knew, intimately, where to locate the materials and tools to meet their basic necessities. It is our hope that the majority of the skills listed here are conducted with materials culled from the local environment. Some skills and equipment used are modern imitations of ancient tools. They are included for comparative analysis. The student is required to seek information and additional instruction necessary in order to complete specific lessons after this course. Learning to seek out appropriate information is tantamount to becoming a complete designer.

Through settlement the opportunity for more detailed observation of the homestead and the land base is available. We begin to learn about the “bioregion” with more intimacy. Who and what came before us? How did they use what they found in this place? Who am I in the whole scheme of things?

### ***I. INTRODUCTION***

As we shift into the “modern” period, the hunter-gatherer, pastoralist and small village settler has now made a complete transformation into farm culture and the many uses of appropriate technology. The art of Permaculture has become, in recent years, the penultimate system of eco-agriculture and appropriate technology. It includes all organic systems of agriculture, renewable energy resource development and management, and ecological building practices, within its broad scope. The art of Permaculture demands astute observation and rigorous thinking. It is a design science that seeks connections between all elements in the landscape, so that we may create an ecological web of life that mirrors the local ecosystem in which we live. The transition from design to actualization requires follow-through, perseverance, and the ability to translate theory and thought into action. The following outline is based on the precepts and methods of Permaculture as developed by Australian Bill Mollison in his book, **Permaculture: A Designer’s Manual**.

**A. Tone-Setting and Themes**

**B. Permaculture Principles and methodolgies**

**C. Ecology and permaculture**

**D. The Local Ecosystem: Bioregions (rural, suburban, urban)**

**E. Forms of Ecological Gardening and Farming (the history of eco-agriculture)**

### ***II. METHODS OF DESIGN: Design Strategies and Techniques***

**Learning Objectives:** In this unit students will learn how to make initial observations in the landscape and, through a series of activities (i.e. analysis, data overlay, zoning, etc.), learn how to apply observations to a basic design. They will learn to read maps, delineate a basic zone and sector diagram, utilize methodologies such as relative location, efficient energy planning, diversity, etc. when thinking through their initial drawings. They will make their first attempt at putting down a basic design on paper.

Permaculture is about whole systems, not about separate components. Because each element in a landscape or the built environment affects every other element at a site, we believe that a complete, comprehensive assessment is tantamount to develop healthy, productive, energy efficient relationships between elements for

the benefit of everyone involved in day to day operations. By paying attention to all the details: topography, climate, water, wind, sun, activity nodes and corridors, buildings, machinery and tools, the waste stream, plants and animals, it enables us to make best use of what is already on the ground, and what we intend to put there. With a dynamic interaction of elements in process, and an assessment of both spatial and temporal attributes, organized around sound ecological principles, we can maximize yields and balance the landscape.

**A. Broad Scale Site Design (sector analysis, needs/products/intrinsic characteristics/behaviors, etc)**

**B. Applying Specific Methods, Laws and Principles to Design**

**C. Ideas and Applications (functional relationship, stacking functions, etc)**

**D. Draw Basic Design (based on initial observations of your site)**

### ***III. OBSERVATION SKILLS***

**Learning Objectives:** In this unit the student will learn to recognize a diversity of patterns in the landscape through astute and focused observation. Charts and drawings will be presented representing patterns and processes found throughout the natural and created world. We will discuss the spiral and tree form, and shapes thereof, as the basis for all design and movement in the landscape. We will attempt to find a unified expression of geometrical and artistic understanding that will help us to perceive and conceive with the eyes and ears of the artist. Exercises in observation, discussion of what we have observed, and how these observations can be placed within a general pattern understanding, will be discussed. We will also look at how we can utilize what we find, through our observations and understanding, in our designs.

**A. Pattern Understanding**

**B. Pattern Applications:** how to apply what we have learned through observation and study (field walk)

### ***IV. CLIMATIC FACTORS***

**Learning Objectives:** In this unit students will learn to forecast the weather through the use of their senses, understand cloud forms, the movement of weather fronts, the affect that different weather systems have on crops, heating and cooling in homes, microclimates, the differences in latitude and altitude on weather patterns, the uses and abuses of modern technology in weather forecasting, and how weather patterns fit into and affect the entire web of life on earth.

## **AGRICULTURE, LARGE-SCALE SETTLEMENT, APPROPRIATE TECHNOLOGY AND THE ART OF PERMACULTURE**

### ***I. PLANTS AND TREES AND THEIR ENERGY TRANSACTIONS***

**Learning Objectives:** In this unit students will learn to identify trees and plants and come to an understanding of their significance in the landscape. They will begin to delineate the uses of plants and trees for food, medicine and utility. They will observe trees in their natural environment, and through observation, find methods to employ them as windbreaks, shelterbelts, habitat for animals, and companions for other plants that contribute to health and increased yields. Guilds, basic biology, basic botany, affects of weather on vegetation, interactions with animals, and the processes of various habitats and ecosystems will be discussed.

### ***II. WATER***

**Learning Objectives:** In this unit students will learn how to read slope and how water moves by gravity.

You will discuss what the hydrological cycle is and its importance in the great web of life. You will learn how to capture water with dams and swales, how to recharge groundwater systems, how to move earth in order to construct earthworks such as ponds, lakes and dams, how to identify the keyline in a landscape, how to assess and construct wetlands for water purification, what kind of vegetation helps to purify water, what to plant in and near swales, ponds, and lakes, how to utilize gray water in orchards and fields, and when the use of septic, leach fields and wells are appropriate. Most of all you will learn that all water used in the landscape and for personal use can be purified and recycled for further use. Water rights and usage are becoming a major issue in the world today: what are these current issues?

- A. Regional intervention in the water cycle**
- B. Earthworks for water conservation and storage**
- C. Sewage systems and composting techniques (toilets, compost piles, etc.)**
- D. Purification of polluted waters**
- E. Grey water**
- F. Natural swimming pools**
- G. Wells**
- H. Septic and leach fields**
- I. Wetlands for water purification**

### ***III. THE SOILS AROUND US***

**Learning Objectives:** In this unit students will experience the intricacies of soil, first hand, through lectures, hands-on tests, sensory exploration, work in the garden, and observation of plants and their growing habits in the landscape. You will use the soil at your site for study. From each segment of the outline you will document what you see in the soil at your site.

- A. Function of soils in the ecosystem**
- B. Practical Application:** Soils (hands-on)

### ***IV. EARTHWORKING AND EARTH RESOURCES***

**Learning Objectives:** In this unit you will learn how to survey the land prior to earth moving by measuring slope and area, operate a front loader and back hoe (if available on site), what it takes to shape dams, ponds, swales, terraces, foundations for houses, and other earth constructs. You will explore the differences of a diversity of soils and what it takes to shape them.

- A. Planning Earthworks**
- B. Planting After Earthworks**
- C. Slope Measure**
- D. Levels and Levelling**
- E. Types of Earthworks**
- F. Earth Constructs (does your current home contain some of these?)**
- G. Moving the Earth**
- H. Earth Resources**

### ***V. ZONES***

**Learning Objectives:** In this unit students will consider each zone, from zero to five. Zones are an essential

methodology of the art of Permaculture. It is how we, as designers, place all the elements, house, energy systems, gardens, animals, etc. on our land-base. The first zone (0) is where our home sits, the place we frequent most. Zone one is where we place our kitchen gardens and the areas that we visit most after Zone 0. As we proceed through Zone 5 we tend to visit each following zone less than the previous one in our daily rounds. It is important that we identify habitat and bioregion type, by climate, topography, soils, etc., before we proceed to map out zones.

**A. Zone 0: The Homesite**

**B. Zone 1: Gardening and Small Farming Practice**

**C. Zone 2: The Food Forest and Small Animal Husbandry**

**D. Zone 3: Cropping and Large Animal Husbandry**

**E. Zone 4: Harvest Forests**

**F. Zone 5: Natural Forests**

## ***VI. AQUACULTURE***

**Learning objectives:** In this unit students will explore aquaculture as a viable and healthy food producing option to only land-based crop production. Aquaculture out-produces agriculture. They will learn that aquaculture is not limited to fish, crayfish, muscels, etc., but that pond and river edges offer more yield near the aquatic environment. Ducks and geese integrate with the food web of the aquatic habitat. The economic potential of an aquaculture farming practice will be discussed. All study and implementation is based on location of the site and local weather patterns.

## ***VII. PLANNING THE HOMESTEAD***

**Learning objectives:** In this unit you will learn about ecological buildings practices, the many uses of renewable energy resources and homesteading chores. Depending on the site, you will practice hands-on building techniques and the instillation of energy systems along with study and discussion. Daily maintenance skills, craftwork, machine and appliance repair, etc. are included. The many skills required to create and maintain the land-base, or eco-village, precludes the need to have familiarity with a diverse set of proficiencies. We will also discuss and map out the most efficient use of time and management to handle daily work and to solve problems. This section especially applies to Zone 0.

**A. Structures (the built environment)**

**B. Craftwork and Chores**

**C. Equipment, tools, vehicles**

**D. Renewable Energy**

**E. Energy Conservation**

**F. Waste Management and Recycling, Gray-Water, Recycled Materials**

**G. Animals**

**H. Tools and Machinery** (mechanical, woodworking, metalworking)

**I. Vehicles** (mechanics, trucks, tractors, bulldozers, backhoe, shovels, mixers, etc.)

## ***VIII. PERMACULTURE STRATEGIES FOR DIFFERENT CLIMATES***

**Learning Objectives:** In this unit you will apply all that they have learned in the previous units and develop ideas for the three broad climatic zone designs. We will research and discuss the contrast and similarities between climatic zones, and see how ideas can be shared between them and what would work specific to a particular climate. We will also discuss how the basic guidelines of the Permaculture are a unified model, and can be applied to any predominant climate.

**A. The Humid Tropics**

**B. Dry-land Strategies**

**C. Humid Cool to Cold Climates: Temperate Climates (temperature extremes, frost dates and planting zones)**

***IX. URBAN AND SUBURBAN PERMACULTURE***

**Learning objectives:** In this unit you will learn how to apply all previous lessons to the suburban and urban environments, no matter what the scale. All of the principles and methodologies that we have learned to date are applicable here. Questions unique to these environments will be raised, discussed and solutions brainstormed. The central issue here will be to find ways to “green” cities and suburbs. Efforts must be made to develop natural food production systems, local food security, energy alternatives and building techniques that will allow people to breathe healthy air, drink pure water and recycle massive amounts of waste. Human and vehicular traffic flows must be addressed.

***X. SMALL FARM AND GARDEN MANAGEMENT/ MARKETING***

**A. Project management**

**B. Budgets**

**C. Business plans**

**D. Yield analysis**

**E. Cost-benefit analyses**

**F. Spreadsheets, accounting, business software**

***XI. STRATEGIES OF AN ALTERNATIVE GLOBAL NATION***

**Learning Objectives:** For discussion: Formal and Informal Economies: worker-owned enterprises with non-exploitative relationships, decentralized governance, recognizing ideal relationships between elements in the system and maximizing symbiotic relationships, building strong community, basic necessities (birthrights). We will take a close look at “invisible structures” and how they apply to our work.

***XII. PRACTICAL WORK ON DESIGN***

**Learning Objectives:** Throughout the course we will be working in smaller groups on different aspects of our design (For Ex: a waste management team, a renewable energy team, an agricultural team, etc.). There will be a short review of the basic ideas and areas already covered. Some assessment steps: 1) Observation assessment; 2) Slope; 3) Hydrology; 4) Vegetation; 5) Wildlife; 6) Agriculture; 7) Land layout; 8) Roads; 9) Water; 10) Energy; 11) Wastewater; 12) Walking paths; 12) Dams and lakes; 13) Telecommunications; 14) Create a final design: assessment, planning, bubble diagrams and sketching, timelines, budgets and expenses (labor, tools and materials). We will also look at how to draw the design on paper in a suitable format, with the proper drafting tools and/or design software.

***XIII. VENDORS: FINDING INFORMATION AND SUPPLIES (Please refer to libraries, the internet, magazines, newspapers, etc, for further information on Permaculture and related topics)***

**A. Seed companies**

**A. Equipment, tools, materials suppliers**

**B. Fertilizer suppliers**

- C.* Tree and small fruit nurseries
- D.* Renewable energy suppliers
- E.* Building suppliers
- F.* Book vendors
- G.* Magazines
- H.* Internet resources

#### ***XIV. FINAL DESIGN PRESENTATIONS, CONCLUSION, DEBRIEF, OBSERVATIONS, LEARNINGS***